

WidNurture CIC Discover, Explore, Thrive in Nature's Classroom



DISCOVER EXPLORE THRIVE IN NATURE'S CLASSROOM

Clothing Protocol 2025/26

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Clothing Protocol

Remember:

- Weather in our area can be unpredictable. It's better to have extra layers that can be removed if not needed.
- Children will get dirty during Forest School activities please send them in clothes that can get muddy or paintstained.
- Check the weather forecast before each session and adjust Summer: clothing accordingly.

To ensure your child has a safe and enjoyable experience at our Forest School, please adhere to the following clothing guidelines:

Layered Clothing:

- Base layer: Thermal underwear or thin, breathable clothing
- Middle layer: Fleece or wool for insulation
- Outer layer: Waterproof and windproof jacket and trousers **AVOID**: Footwear:
- Sturdy, closed-toe shoes or boots with good grip
- Wellington boots for wet conditions
- Thick, warm socks (plus a spare pair)

Headwear:

- Sun hat in warm weather
- Warm hat or beanie in cold weather

Gloves:

- Waterproof gloves in cold or wet weather
- Thin gloves for activities requiring dexterity

Additional Items:

- Scarf or neck warmer in cold weather
- Sunglasses for bright days

Seasonal Considerations:

- Light, long-sleeved shirts and long trousers (for sun and insect protection)
- Apply sunscreen before arrival

Winter:

- Extra layers of warm clothing
- Thermal underwear
- Warm, waterproof coat

- Open-toed shoes or sandals
- Shorts (unless specified for very hot weather)
- Expensive or precious clothing items

Other considerations:

- Please pack a complete change of clothes, including underwear and socks
- Ensure all items are clearly labelled with your child's name

